



Available Tuesday to Friday 11am to 3pm

Please be sure to adhere to our COVID-19 dining guidelines

Most of Our Foods Contain Spice. Please Use the Notes Section When Ordering Online to Note Any Dietary Concerns

### **Appetizers**

Island Wings served with Pineapple-Ranch Dip (5) **\$10** | (10) **\$18**

- ✓ Vegetable Spring Rolls served with Sweet Chili Plum Sauce **\$8**
- ✓ Jamaican Patties Beef or Chicken **\$3**

### **Soups & Salads**

Soup **Cup \$5 | Bowl \$8**

Options: Soup of The Day | Jamaican Style Red Beans Soup | Soup of the Day **(+\$1)**

Soup & Salad Combo **\$8.95**

A Side Garden Salad with a Cup of Soup

Soups: Jamaican Style Red Bean Soup or Soup of the Day **(+\$1)**

Salads: House Salad with Vinaigrette Dressing or Caesar Salad **(+\$1)**

Seasonal Garden Salad served with your choice of Dressing **\$9**

Add Chicken **\$6** | Add 3 Shrimp **\$8**

Dressing Options: House Vinaigrette, Ranch, Honey Mustard

Classic Caesar Salad **\$9**

Add Chicken **\$6** | Add 3 Shrimp **\$8**

Salmon Caesar Salad (Blackened or Pan-Seared Salmon) **\$20**

### **Burgers & Sandwiches**

\*\*\*Burgers & Sandwiches are Topped with Lettuce, Tomato, Mayonnaise, and Pickles OTS  
+ Add Grilled Onions or Grilled Peppers **\$0.75 each**

Jerk Chicken Sandwich Topped with Sweet Onion Relish Served with French Fries **\$15**

Grass-fed Angus Burger Served on with French Fries **\$16**

Add Cheese +\$1 (American, Cheddar, Provolone)

House Made Turkey Burger Topped with Pineapple Chutney Served with French Fries **\$16**

Add Cheese +\$1 (American, Cheddar, Provolone)

Jerk Chicken Cheesesteak **\$18**

Jerk Marinated Chicken Breast (Philly Cheesesteak Style) with Grilled Sweet Onions On a Steak Roll with Provolone Cheese Served with French Fries

Lemon-Herb Grilled Chicken Sandwich **\$13**

A Breast of Chicken Marinated in Lemon-Herb Seasonings on Ciabatta Bread Topped with Pesto Mayonnaise and Roasted Peppers Served with French Fries

Island Chicken Club Sandwich **\$14**

A Breast of Chicken Marinated in our Signature Jerk Seasonings topped with Avocado, Lettuce, Tomato, Mayonnaise, and Swiss Cheese on Brioche Bread Served with French Fries

Crab Cake Sandwich **\$19**

Jumbo Lump Crab Cake Topped with Lettuce, Tomato, and Mayonnaise on a Brioche Bun served with French Fries and our Signature Vegetable Slaw

Salmon Burger (Blackened or Pan-Seared) **\$16**

Blackened Seasoned Salmon Filet Fused with a Hint of Cajun Spice (or Pan-Seared Salmon Filet) Topped with Lettuce, Tomato, Mayonnaise, and Pineapple Chutney on Ciabatta Bread served with French Fries

**20 % gratuity will be added to all checks**

**Consuming Raw or Uncooked Meats, Poultry, Seafood, Shellfish, Eggs, or Unpasteurized Milk May Increase Your Risk to Foodborne Illness**

## Pastas

Rasta Pasta: Penne Pasta Tossed in a Tomato-Basil Spicy Cream Sauce  
Plain **\$16** | Chicken **\$20** | Shrimp **\$23** | Chicken & Shrimp **\$26**

Salmon Pasta: Fresh Atlantic Salmon, Asparagus, and Penne tossed in Tomato-Basil Cream Sauce **\$22**

## ✓ Vegetarian Options

Vegetable Stir Fry **\$17**

*Fresh Seasonal Vegetables tossed in a Garlic Teriyaki Sauce served over Brown Rice*

## Classic Jamaican Dishes No Substitutions Please

**Lunch**

Brown Stew Chicken *Pan-Braised Chicken Stewed in a Savory Brown Sauce Served with Red Beans & Rice and Braised Cabbage* **\$12**

**Lunch**

Jerk Chicken *Slow Roasted Jerk Marinated Chicken Served with Red Beans & Rice and Braised Cabbage* **\$12**

**Lunch**

Curried Chicken *Savory Bone-in Chicken Stewed in our Signature Curry Sauce Served with Steamed White Rice and Braised Cabbage* **\$12**

Curried Goat *Savory Bone-in Goat Served with Steamed White Rice and Braised Cabbage* **\$14**

Brown Stew Chicken *served with Red Beans and Rice and Braised Cabbage* **\$19**

Curried Chicken *Curried Bone-in Chicken served with Steamed White Rice and Braised Cabbage* **\$19**

Jerk Chicken *served with Red Beans and Rice and Braised Cabbage*

Dark Meat **\$19** | Half Chicken **\$23**

Braised Oxtail with Butter Beans *served with Red Beans & Rice and Braised Cabbage* **\$27**

Curried Goat *Curried Bone-in Goat served with Steamed White Rice and Braised Cabbage* **\$22**

## Specialty Dishes No Substitutions Please

Blackened Tilapia with Pineapple Salsa *served with Garlic Mashed Potatoes and Green Beans* **\$20**

Pan-Seared Atlantic Salmon *topped with a Lemon-Herb Wine Sauce served with Garlic Mashed Potatoes and Green Beans* **\$26**

Sweet Chili Glazed Salmon *served with Mashed Sweet Yams and Green Beans* **\$26**

New Orleans Style Blackened Salmon topped with Shrimp Scampi *served with Garlic Mashed Potatoes and Broccoli* **\$34**

## Additional Sides

Baked Macaroni & Cheese, Side Caesar Salad, Sweet Potato Fries... **\$6 ea**

Braised Cabbage, Broccoli, Brown Rice, Collard Greens, Fried Plantain, Garlic Mashed Potatoes, Green Beans, Mashed Sweet Yams, Red Beans and Rice, Side Garden Salad... **\$5 ea**

Steamed White Rice... **\$4 ea**

Corn Bread... **\$3 ea**

## Bottled Beverages **\$3.5**

Coke | Diet Coke | Sprite | | Ginger Ale | Gold Peak Lemon Iced Tea | Gold Peak Sweetened Iced Tea | Gold Peak Unsweetened Iced Tea | Gold Peak Sweetened Green Tea

## Bottled Jamaican Beverages **\$3 (LA)**

Kola Champagne | Ginger Beer | Ting | Pineapple Soda

**Premium:** Sorrel-Ginger Juice **+\$1** | Pineapple-Ginger Juice **+\$1**

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